# The Heartbeat Herald

THE NEWSLETTER OF HEARTBEAT PREGNANCY HELP

An all-volunteer ministry in Burlington, MA helping moms, babies and families through God's grace since 1994



GOD WORKING
THROUGH HEARTBEAT

THE LAYERS OF A LAYETTE

**VOLUNTEER SPOTLIGHT** 

. . . . . . . . . . . . . . . . . . .

FUNDRAISING GRATITUDE

IS GOD CALLING YOU TO HELP?

## Many Blessings to Share

BEHOLD, CHILDREN ARE A HERITAGE FROM THE LORD,
THE FRUIT OF THE WOMB A REWARD.
- PSALM 127:3

Thank you for your prayers and support. Heartbeat Pregnancy Help would not be possible without the prayers, contributions, and financial support of donors like you!

We hope The Heartbeat Herald will bless you by highlighting the ways in which God uses Heartbeat to lovingly and charitably support the sanctity of life. Your generosity makes this vital work possible!

#### God is So Good



A grateful mom sent this photo of her adorable baby boy born this past winter... snuggled with a hand knit hat and blanket made by a Heartbeat donor. One handsome little quy!

## Giving Hope

God's mighty hand guides every aspect of Heartbeat week after week. Heartbeat helped 675 newborn babies in 2021, and over 300 families with newborn babies so far this year.

Heartbeat embraces families comprehensively -- meaning our support extends to siblings as well as to newborns and mothers. Heartbeat continues to assist needy families for several years or longer, as needed. God's love knows no bounds, and nothing illuminates that truth better than the countless stories from those touched by this ministry.

"Therefore, my dear brothers and sisters, stand firm.
Let nothing move you.
Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain."

1 CORINTHIANS 15:58

A baby girl was born Saturday, June 11th to a Lynn mom who had no car seat or other baby items. After receiving frantic calls from the mom's nurse and a social worker, we assembled and delivered the needed items to Salem hospital Tuesday morning in time for them to go home! Everyone was very excited and thankful to receive the help from Heartbeat!

A Mom with a 5-month old baby was removed from a domestic violence situation. The father didn't allow her to take anything with her for the baby, and the police had to focus on getting the mom and baby out safely. An agency contacted Heartbeat. Heartbeat provided her with a baby travel system (car seat and stroller), clothing and other items.

.

#### The Loving Layers of a Layette



Layettes are provided to expectant moms in need. We include a "Special Mom" letter in each layette to let mothers know that Jesus loves them and their child. This letter offers help to moms who are troubled by their pregnancies. The letter is written in English and Spanish.

# ETTER TO MOMS

Every newborn baby needs to leave the hospital in a safe infant car seat. An infant car seat and stroller combo (travel system) provides for safety in the car or when out walking. The stroller can be used with or Our volunteer without the car seat. director, Muriel, orders the sets at a low price of under \$150 each, Her husband, John, and some teen volunteers, patiently assemble each stroller.

3 IN 1 STROLLERS



We include the supplies needed to care for a newborn baby in a layette.

We include diapers, wipes, onesies, sleepers, outfits, bottles, bibs, blankets, bunting and infant toys in each layette.

#### Volunteer Spotlight

Mary Fitzgerald

Did you know that Heartbeat is staffed entirely by volunteers? We are so grateful to all of them!

We are so blessed to have Mary Fitzgerald volunteering at Heartbeat two days a week. Mary is a long-time resident of Burlington, and has helped at Heartbeat for many years. She trains new volunteers and assembles layettes, as well as gathers clothing for siblings of the babies each week. Mary is a wonderful asset to the work done at Heartbeat!



#### Fundraising Gratitude

Many thanks to the many parishes that host donation bottle fundraisers and to the many parishioners who help with the fundraisers! We rely on the generosity of donors to sustain this ministry.

Though we are very frugal and have low overhead costs, our expenses last year totaled over \$191,000, with over 96% spent on direct assistance to the families we served!

Expenses are increasing due to the growing inflation and to an increase in families who need our help, including some who have recently come to our country. Funds are now very low.

Some of our donors have applied for and received matching grants for us from their employers. These funds are also vital to the help we provide!

We are thankful that our work spaces are provided by Saint Veronica Parish in Burlington. We thank the parishioners and staff for their continuing assistance!



Many thanks to a volunteer for sharing her artistic talent with Heartbeat by creating signs to help with our baby "donation" bottle fundraisers.

### Is God Calling You to Do More?

We welcome new volunteers to share their gifts and talents with Heartbeat. Our work is based in prayer and trust in God. Please keep Heartbeat in your prayer

#### Behind the Scenes...

- Do you have marketing or technical skills to help produce our newsletter?
- Can you help write and apply for grants for Heartbeat?
- Can you ask your pastor for permission to host a baby (donation) bottle fundraiser to benefit Heartbeat?
- Can you knit, crochet or sew baby blankets for newborn babies helped by Heartbeat?

#### On the Front Lines...

- Do you have time on a Tuesday, Thursday or Friday morning to help sort donations, assemble layettes and gather clothing for older siblings?
- Are you available to make deliveries to needy families?
- Do you have any gently used baby, children or maternity clothing, jackets, shoes or boots to donate? Crinkly infant toys that attach to car seat handles would be great too.

Many women who call do not speak English. We have several volunteers and some of the moms we help who translate from Spanish, to English! Others helps us with Portuguese, Arabic and Creole.

#### HOURS OF OPERATION

Tuesdays,
Thursdays and
Fridays
10:00am - 1:00 PM

Several volunteers
deliver needed
baby items to
families who
cannot come to us
...up to 15
deliveries a day!
Thanks to
Christine, Gina,
Janet, John,
Muriel and Rick!

### Donate to Heartbeat to Help Continue God's Work

Financial Donations are always appreciated. We rely on your generosity to continue this work. We thank you for your prayer and support!

By Mail:

Heartbeat Pregnancy Help P.O. Box 153, Burlington, MA 01803

Online:

https://pregnancyma.com/donors/